

Two Teachers Head For The Mountains To Teach Our Kids For A Year

In the fall of 2019, two teachers from Colorado embarked on a year-long adventure with their students. They left behind the comforts of their classrooms and headed for the mountains, where they would teach their students about nature, survival, and community.



Sliding Home: Two Teachers Head for the Mountains to Teach Our Kids for a Year by Sophia Anna Csar

★★★★★ 5 out of 5

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The teachers, Becky and Matt, had been teaching for a combined 20 years. They were both passionate about education, but they felt that the traditional school system was not meeting the needs of their students. They wanted to create a more hands-on, experiential learning environment for their students, and they believed that the mountains would be the perfect place to do it.

Becky and Matt spent the summer planning their adventure. They gathered supplies, developed a curriculum, and found a campsite in the mountains where they would stay for the year. They also recruited a group of 10 students, aged 12 to 14, to join them on the adventure.

The students were excited about the opportunity to learn in such a unique way. They arrived at the campsite in the fall, eager to start their adventure. The teachers had planned a variety of activities for the students, including hiking, camping, fishing, and cooking. They also planned to teach the students about the local flora and fauna, and about the history and culture of the area.

The students quickly adapted to their new life in the mountains. They learned how to build fires, cook their own food, and take care of themselves in the wilderness. They also learned about the importance of teamwork and community. The teachers were amazed at how quickly the students learned and grew.

As the year progressed, the students developed a deep love for the mountains. They learned to appreciate the beauty of nature and the importance of protecting the environment. They also learned the value of hard work and perseverance. The teachers were proud of the progress that the students had made, and they knew that they would never forget their year in the mountains.

In the spring, the students returned home. They were different people than they had been when they left. They were more confident, more independent, and more knowledgeable about the world around them. The teachers were confident that the students would go on to do great things in

life, and they were grateful for the opportunity to have been a part of their journey.

The benefits of outdoor education

There are many benefits to outdoor education, including:

- **Improved physical health.** Outdoor activities can help children to develop their physical fitness, coordination, and balance. They can also help to reduce the risk of obesity and other chronic health conditions.
- **Improved mental health.** Spending time in nature has been shown to reduce stress, anxiety, and depression. It can also improve mood and boost creativity.
- **Improved social skills.** Outdoor activities can help children to develop their social skills, such as cooperation, communication, and problem-solving. They can also learn to appreciate the value of teamwork.
- **Improved academic performance.** Outdoor education can help children to learn about science, math, and history in a hands-on way. It can also help them to develop critical thinking skills and problem-solving skills.

How to get started with outdoor education

There are many ways to get started with outdoor education. You can:

- **Enroll your child in an outdoor education program.** There are many different outdoor education programs available, from day camps to overnight trips. You can find a program that is appropriate for your child's age and interests.

- **Take your child on outdoor adventures yourself.** You don't need to enroll your child in a program to get them started with outdoor education. You can take them on hikes, camping trips, or fishing trips yourself. Just make sure to plan your activities carefully and to take the necessary safety precautions.
- **Use outdoor education resources.** There are many resources available online and in libraries that can help you to teach your child about outdoor education. You can find books, articles, and videos on a variety of topics, such as hiking, camping, fishing, and nature identification.

Outdoor education is a great way for children to learn about nature, survival, and community. It can also help them to develop their physical, mental, and social skills. If you are looking for a way to give your child a unique and rewarding learning experience, consider outdoor education.



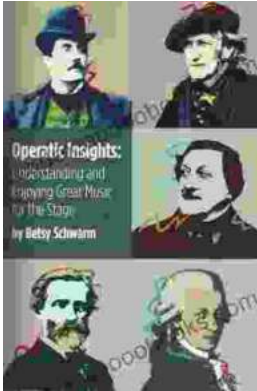
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