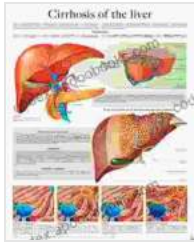


# Cirrhosis of the Liver - A Comprehensive Guide



## Cirrhosis of the liver e-chart: Full illustrated by Jenna Austin

★★★★☆ 4.7 out of 5

Language : English  
File size : 6987 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 15 pages  
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Cirrhosis of the liver is a serious condition that can lead to liver failure and death. It is characterized by the replacement of healthy liver tissue with scar tissue. This can lead to a number of complications, including:

- Jaundice
- Ascites
- Hepatic encephalopathy
- Liver failure

Cirrhosis is usually caused by chronic liver damage. This can be due to a number of factors, including:

- Alcohol abuse
- Non-alcoholic fatty liver disease (NAFLD)

- Hepatitis B
- Hepatitis C
- Autoimmune diseases
- Genetic disorders

The symptoms of cirrhosis can vary depending on the severity of the condition. In the early stages, there may be no symptoms at all. As the condition progresses, symptoms may include:

- Fatigue
- Nausea and vomiting
- Abdominal pain
- Swelling in the legs and ankles
- Yellowing of the skin and eyes (jaundice)
- Confusion
- Coma

Cirrhosis is diagnosed with a blood test and a liver biopsy. A blood test can measure the levels of liver enzymes in the blood. A liver biopsy is a procedure in which a small sample of liver tissue is removed and examined under a microscope.

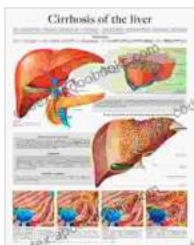
There is no cure for cirrhosis, but treatment can help to slow the progression of the disease and improve the quality of life. Treatment may include:

- Medication to reduce inflammation
- Diet changes
- Exercise
- Liver transplant

Cirrhosis is a serious condition, but it can be managed with proper treatment. If you have any of the symptoms of cirrhosis, it is important to see your doctor right away.

## Additional Resources

- National Institute of Diabetes and Digestive and Kidney Diseases
- Mayo Clinic
- WebMD



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